



beauty foods™

Mexicocoa

A warm inviting version of a popular spiced chocolate blend, stir with cinnamon stick and serve

Product Used In This Recipe:

[Chocolate Bliss Beauty Blend](#)

[Chocolate Chai Renewal Beauty Blend](#)



5 min 

1 servings 

136 cal 

Ingredients:

1 packet Chocolate Bliss or Chocolate Chai Nightly Beauty

1 tsp. cinnamon

Pinch of cayenne pepper

3/4 fat-free milk

1 tsp honey

Paprika

1 oz. tequila

Cinnamon stick

Directions:

In a saucepan over low heat add the Nightly Beauty, cinnamon, and cayenne pepper. Using a small whisk or wooden spoon, slowly incorporate the milk. Raise the temperature to medium-high and bring to a slow simmer. Stir in the honey and remove from the heat. Rim a mug by dipping into a saucer of water, blotting and dipping into saucer of paprika. Pour in tequila. Add hot cocoa mixture. Stir with a cinnamon stick and serve.

Nutrition Facts:

Calories 136, calories from fat 4, sodium 40mg, cholesterol 2mg, sugar 12.6g, protein 3.7 g