



beauty foods™




Iced Chocolate Chai

Find your bliss, brew chai tea for added flavors to this iced summer essential

Product Used In This Recipe:

[Chocolate Chai Renewal Beauty Blend](#)



5 min  2* servings  117 cals 

Ingredients:

12 oz Hot Brewed Chai Tea
2 packets Chocolate Chai Renewal
4 oz skim milk
2 tsp Stevia
Ice

Directions:

Whisk Chocolate Chai Renewal into hot brewed tea. Stir in stevia and milk. Pour over ice

*Yields 2 8oz servings

Nutrition Facts:

Calories 177, calories from fat 14, cholesterol 1 mg, sodium 24mg, sugar 8g, protein 5.3g

