




The logo for Beauty Foods, featuring a large, light grey 'bf' monogram in the background and the words 'beauty foods' in a pink, lowercase, sans-serif font in the foreground.

Creamy Lime & Coconut Sorbet

Indulge yourself and your senses with this refreshing icy concoction

Product Used In This Recipe:
[Vanilla Dream Beauty Blend](#)



6+ hrs  4 servings  293 cals 

Ingredients:

- ¾ cups skim milk
- 4 packets of Vanilla Dream
- 1 tsp stevia
- Pinch of salt
- ½ cup shredded coconut
- ½ (14 ounce) can sweetened condensed milk (or healthier substitution recipe listed below)
- ¼ cup fresh lime juice
- ½ Tablespoon finely chopped lime zest

Directions:

Combine milk, stevia, and Vanilla Dream in a medium saucepan. Bring to simmer for 3 min, whisk continuously until the stevia and Vanilla Dream dissolved. Allow a few minutes for the mixture to cool. Add remaining ingredients and pour into a freezable container . Place in the freeze and allow at least 5 hrs for the sorbet to freeze.

Nutrition Facts:

Calories 293, calories from fat 45, cholesterol 20mg, sodium 133mg, sugar 39.4g, protein 6.4g